



Abuse Prevention®

PREVENTING CHILD SEXUAL ABUSE An Effective Safety System

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A SYSTEM BASED ON GROOMING

When an organization gathers children or youth, it becomes an attractive target for the sexual offender. Preferential offenders, abusers who prefer a child as a sexual partner, generally target a child within an age range and gender of preference.

In developing an effective Safety System, child-serving organizations are building a “fence”: a protective device meant to keep out an unwanted intruder. Building the right type of fence requires us to understand how an offender will pursue and harm children. Understanding the grooming process of the preferential offender is the key. When we understand the behavior of the offender, we can design and construct effective barriers.

Critical Concepts

Because the preferential offender often looks like you and me, we cannot recognize the offender visually; we must recognize the risk behaviorally — that is, we must recognize the *offender’s grooming process*. The grooming process of the preferential offender involves two significant efforts: grooming the child and *grooming the gatekeepers*.

The targeted child is groomed for inappropriate sexual interaction, while *gatekeepers* (parents, organization leaders, co-workers) are groomed into a belief that the offender is a helpful, responsible and trustworthy individual. The effort aimed at gatekeepers is necessary, as all abusers are working to facilitate *trusted time alone* with a targeted child.

The Grooming Process

Validated by decades of academic studies, the grooming process of the abuser is *known* and *recognizable*. The grooming process includes the following steps, with some variation depending on the age of child, gender of child and particular program:

- Gaining access to children within an *age and gender of preference*;
- Selecting a specific child (or children);
- Introducing nudity and sexual touch; and
- Keeping the child quiet and the abuse *secret*.

AN EFFECTIVE SAFETY SYSTEM

The purpose of this article is not to simply list elements of an appropriate Safety System; rather, it aims to provide analysis of the risk and how the risk relates to specific Safety System elements. An understanding of the risk drives preventative efforts.

The Elements of a Safety System

An Effective Safety System must employ the following elements:

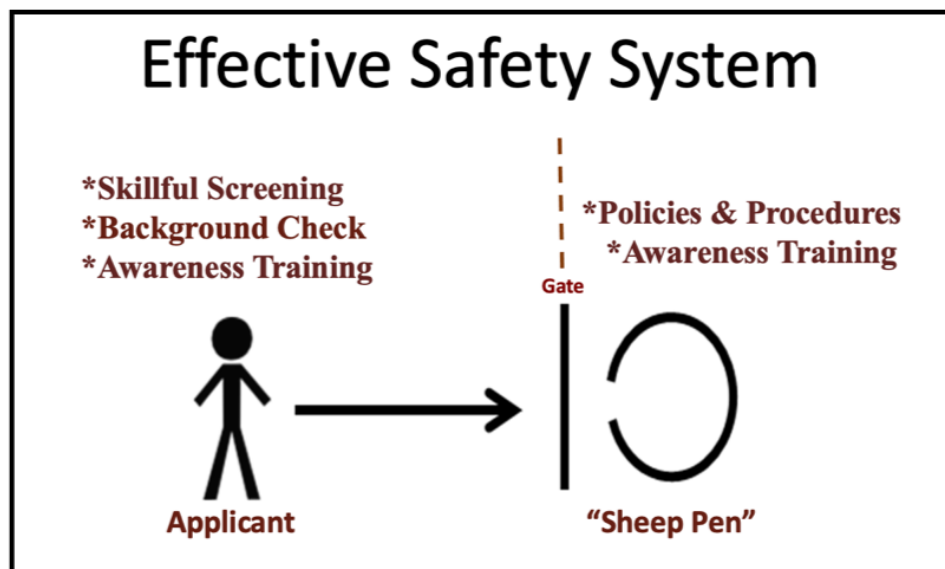
- Sexual Abuse Awareness Training
- Skillful Screening (and training)
- Appropriate Background Check
- Tailored Policies & Procedures
- Systems for Monitoring and Oversight

Each of these elements play a role in a system; no one element solves the problem.

The preferential offender is a “wolf” who will deceive and manipulate to gain access to the “sheep pen” with the intention of doing great harm. In every organization, there should be a gate through which anyone desiring access to children must pass, as well as controls in place to identify those with wolf-like qualities.

Within the sheep pen, there must be preventative protocols in place to ensure that grooming behaviors are clearly identified, addressed in policies, recognized by workers and reported to organization leaders.

To understand the elements of an effective Safety System, the following diagram is helpful:



Sexual Abuse Awareness Training

Sexual Abuse Awareness Training is the foundation of the Safety System, because we cannot address a risk we do not understand. At the core of an effective Safety System is this reality: what we believe shapes what we DO. Sexual Abuse Awareness Training changes what we believe. *Prevention starts with awareness.*

Awareness Training equips staff members and volunteers with a better understanding of abuser characteristics, the abuser's *grooming process* and *common grooming behaviors*. Awareness Training equips an organization's workers with 'eyes to see' such that they may recognize abuser characteristics and behaviors.

Critical training topics include:

- Facts and misconceptions
- Common abuser characteristics
- The abuser's *grooming process*
- Common grooming behaviors
- Peer-to-peer sexual abuse
- Short and long-term impacts of abuse
- Reporting requirements

Further, what we believe shapes what we SAY. When staff members and volunteers are trained to understand grooming behaviors, all are better equipped to receive and report allegations and suspicions of abuse, both internally and to appropriate civil authorities.

Skillful Screening

The best predictor of future behavior is past behavior. Screening is the process by which organization leaders gather information about an applicant's *past* behavior to best develop expectations regarding *future* behavior. An effective screening process typically includes the following elements: application, reference checks, background check and an interview.

Commonly, organizations screen applicants for fitness for purpose – gathering information about an applicant's past behavior to determine whether the applicant has the skills, abilities and education to fill a particular role. For example, if a school desires to hire a Greek teacher, it is important to gather information to determine whether the applicant has mastered Greek and can effectively teach it. In this example, the school's purpose for screening was related to fitness for purpose (teaching Greek), *not child safety*.

Screening for child safety requires the gathering of information concerning an applicant's past behavior to determine whether the applicant has 'wolf-like qualities'. Where child safety is concerned, an effective screening process includes questions designed to elicit high-risk indicators of the preferential offender (male and female).

Every applicant – paid or unpaid – should be screened before that applicant has access to children. The goal: *keep the wolf out of the sheep pen*. Tragically, many organizations are not screening effectively; many are not screening *at all*.

Background Check

Most organizations require background checks; however, these often are the sole effort to screen for child safety. This is because organizational leaders lack any real understanding of the realities of the criminal justice system and the known limitations of background checks.

Consider this statistic: *Less than 10% of sexual abusers will encounter the criminal justice system, ever.*

Given this reality, even if an organization's background check system is working perfectly (which is unlikely), more than 90% of individuals who have sexually abused children have no past criminal record...*and they know it.* While making a reasonable effort to access past criminal history has become a standard of care, background checks cannot serve as a *standalone* Safety System.

Background checks *do* provide a helpful tool when used effectively, however. For each staff member or volunteer, the depth of background check should be determined by the extent of direct contact with children. In addition, background checks should be periodically refreshed. To become informed consumers, organizational leaders have much to learn about background checks.

Tailored Policies & Procedures

Policies and Procedures document are the written expression of what *is* or *is not* permissible behavior in the organization. Effective policies are shaped around an understanding of the abuser's *grooming process, abuser characteristics* and *common grooming behaviors.*

Policies should be tailored to the particular program and population served.

While *common grooming behaviors* exist universally, the grooming process will vary depending on the age and gender of the targeted child, and the type of program. Because grooming will unfold differently in an after school care program than in an overnight camp, policy provisions will vary.

Through Awareness Training, staff members and volunteers can be trained to better understand the *purpose* of policies, therefore serving more effectively within policy boundaries, and recognizing problematic behaviors *before* inappropriate sexual interaction occurs. As well, when policy 'bright lines' are clearly communicated — communicating, '*This is okay; this is NOT*' — staff members are more likely to notice and communicate when someone steps *over* the bright line. Written policies should present clear guidelines concerning appropriate touch, talk, boundaries, social media interaction, bathroom use, one-to-one interaction, overnight stays and reporting requirements.

Systems for Monitoring and Oversight

Child sexual abuse is an enormous issue causing incredible harm to children. For any Safety System to remain effective, every child-serving organization must incorporate Systems for Monitoring and Oversight to ensure that *you DO what you SAY you do* in an ongoing manner.

To this end, a periodic review of Safety System elements is necessary:

- Does the System still fit the organization?
- Are adequate methods of accountability in place?
- Is the organization able to archive evidence of Safety System compliance?

Leaders must evaluate new programs for child protection issues, monitor changes in reporting requirements, address ongoing need for policy updates, and include child protection compliance in employee performance evaluations. Periodic review ensures that child protection is not jeopardized by the departure of one or two key staff members or volunteers.

A System for Monitoring and Oversight provides the framework for the existence of an effective Safety System and ensures the System's sustainability.

At Abuse Prevention Systems (APS), an organization's Safety System is made sustainable through the use of an online Control Panel. To learn more about the APS Control Panel and Systems for Monitoring and Oversight, visit AbusePreventionSystems.com.

Sexual abusers go to where the barriers to entry are lower or do not exist. Designing an effective Safety System starts with understanding the behavior of the sexual abuser. When organizational leaders understand sexual abuse risk, an effective Safety System can be created and sustained.

SEXUAL ABUSE AWARENESS TRAINING

Sexual Abuse Awareness Training is the foundation of any effort to reduce the risk of child sexual abuse. At the core of this training is a description of the *abuser's grooming process*: the process used by the abuser to gain access to a child, prepare the child for inappropriate sexual interaction, then keep the child silent.

This training addresses:

- Facts versus Misconceptions
- Abuser Characteristics
- The *Abuser's Grooming Process*
- Common Grooming Behaviors
- Peer-to-Peer Sexual Abuse
- Impact of Abuse
- Reporting Requirements

The focus of this training is *recognizing the abuser's grooming process* — allowing child-serving staff members to recognize risky behavior *before* a child is harmed.

Training Staff Members and Volunteers

We can't address a risk we don't understand. Sexual offenders have no *visual profile*; they look like everyone else. Instead, abusers are characterized by their *behavior*.

Sexual Abuse Awareness Training equips staff members and volunteers with a better understanding of abuser characteristics, the abuser's *grooming process* and *common grooming behaviors*.

Critical for Policy Implementation

Nobody likes change if the *need* for change isn't understood.

Without effective training, staff members and volunteers will rarely embrace change, even in the form of well-crafted policies. Policies work best when staff members are trained to understand the *WHY* behind the policy, particularly if the policy is new.

Opt-Out Opportunity

Sexual Abuse Awareness Training should be completed during the onboarding process of each applicant. When an organization requires training *before* the applicant has access to children, an applicant with wrong motives has an opt-out opportunity –recognizing that all co-workers understand the grooming process, common grooming behaviors and the importance of reporting. Awareness Training provides offenders with an opportunity to self-select OUT.

Abuse Prevention Systems Training

Sexual Abuse Awareness Training is the cornerstone element of the wide-ranging resources available at AbusePreventionSystems.com. Currently, Abuse Prevention Systems's online training is utilized by thousands of organizations in North America. In the Summer of 2023, Abuse Prevention Systems issued its 3,000,000th Certificate of Training Completion, currently training over 85,000 staff members per month online.